

# American Red Cross

## Kansas Capital Area Chapter Instructor E-Newsletter

\*\*I have attached a PDF file of the newsletter to the email for those who have trouble reading the email.\*\*



### Wanted: First Aid Team Volunteers for KSU Home Games

Carrying on a great tradition with KSU athletics and the American Red Cross, the First Aid Team will provide emergency care for non-life-threatening injuries and illnesses in cooperation with Riley County EMS at KSU Home Football games. If you are interested in joining the First Aid Team, contact Pam Overby at 785-537-2180 or [overbyp@usa.redcross.org](mailto:overbyp@usa.redcross.org).

### Instructor Spotlight: Johnathon Blake

I am currently a student at Washburn University taking classes in preparation for applying to medical school. Along with classes, I work as a graduate assistant at the university. When brainstorming for possible volunteer opportunities, I checked out the Red Cross website simply because of the name recognition. After reading about the organization, I was excited to see that I could help out by teaching classes. As a certified athletic trainer, I had already been CPR and First Aid certified for a number of years and the possibility of teaching was intriguing so it seemed to fit. I now teach CPR/AED and First Aid classes at the chapter. I also occasionally do challenges and review classes. Along with teaching, I come into the office once a week and help file paperwork, enter surveys into a database and gather materials necessary for other classes.



Participants at Manhattan's April Pet First Aid class.

### Teaching Opportunities Available

Instructors needed for classes in Topeka. If interested contact Carey Walker at [walkercar@usa.redcross.org](mailto:walkercar@usa.redcross.org) or 785-354-9239

- First Aid on May 13 from 9 AM - 12 PM at the chapter
  - First Aid with CPR - Adult on May 17 from 9 AM - 3:30 PM at the chapter
  - CPR/AED for the Healthcare Provider on May 24 from 9 AM - 3:30 PM at the chapter
  - First Aid with CPR - Adult, Child & Infant from 6 PM - 9:30 PM at the chapter
- For teaching opportunities in the Manhattan/Junction City area, contact the Manhattan or Topeka office.

### Back to Basics

Instructors teach classes in various places. Based on the amount of room you have, the way you teach your class will vary on the space and equipment available to you.

- On page 9-10 of your Instructor Manual, tips are given of how to deal with class size, space, and offers layouts for conducting classes.

### Health & Safety Question

"How do I get a copy of the course record form and how do I turn the form into the Red Cross Chapter?"

Course Reporting forms are available through Instructors Corner, your Instructor Manual CD-Rom or you can request one from the chapter.

Course records must be received by the chapter within 10 days of the class that was taught. You can send the record multiple ways: mail, in person, or electronically through fax or email. If you send the record electronically, include your instructor ID number in place of a signature.

### CPR/AED Certification for Lifeguards

"CPR/AED for Lifeguards" is the title of the certification issued for lifeguards completing the professional rescuer CPR/AED portion of the Lifeguarding course. The certificate issued for lifeguards is valid for one year only due to the predominantly seasonal nature of their work. Aquatics managers are encouraged to schedule CPR/AED in-service sessions throughout the swim season to keep these lifesaving skills sharp.

### Upcoming Instructor Courses

- Lay Responder First Aid and CPR/AED Instructor Course-June 7-9 - Manhattan
- Babysitter Training Instructor Course-June 11-Topeka
- Water Safety Instructor (r.09)-June 4, 5, 6, 11, 12, 13-Topeka
- CPR/AED for Lifeguards Review-May 12, 29-Topeka
- Lifeguard Training Challenge-May 15-Topeka

To view previous issues of the Instructors Newsletter, scroll to the bottom of the page on the Instructors Corner Page of the Kansas Capital Area Chapter website: [http://www.thinkred.org/Instructors\\_Corner.php](http://www.thinkred.org/Instructors_Corner.php)

### **American Red Cross Kansas Capital Area Chapter**

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American Red Cross Instructors' Corner

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