

American Red Cross

Kansas Capital Area Chapter Instructor E-Newsletter

You give but little when you give of your possessions.
It is when you give of yourself that you truly give. ~Kahlil Gibran

Welcome New Instructors

We would like to welcome our new instructors:

Lay Responder Instructors

Paul B., Lila W. and Lydia R.
Randy S. and Angela S.
Todd W.

Lifeguard Instructor

Shirley A.
Amanda E.
Stacey C.

Water Safety Instructors

Chad B.
Stacey C.
Mark H.

Wilderness and Remote First Aid Instructors

Charlie T.
Michael Q.
Richard M.



Back To Basics

The more we teach, the more we become familiar with the class information and how we present it. This can offer both positive and negative aspects to class. Presenting the information from memory allows us to interact with the class more instead of making us rely on our instructor manual. Unfortunately, this can lead us to stray from the information we are suppose to teach. When teaching classes stick to the facts that are in the Instructor manual or the workbook, here is some helpful advice:

information we are suppose to teach. When teaching classes stick to the facts that are in the Instructor manual or the workbook, here is some helpful advice:

- Make notes in your copy of the participant workbook. This allows you to view the information from the instructor manual and the participant manual.
- Use the FAQ section at the end of the lessons to answer any questions participants have. If you can't answer them, let them know you'll get back to them and call the chapter for clarification.
- Refer to lessons 5-7 in the FIT Training Guide

If you have any further questions regarding instructor guidelines or participant questions email Carey Walker at walkercar@usa.redcross.org.



Teaching Opportunities Available

Instructors are needed for classes in Manhattan and the Junction City area. If you're interested contact Pam Overby at overbyp@usa.redcross.org or you at 785-537-2180

- First Aid with CPR-Adult, Child & Infant on April 6 & April 8 from 6 PM-9:30 PM in Manhattan
- First Aid with CPR-Adult, Child & Infant on April 17 from 9 AM-4 PM in Junction City
- CPR-Adult, Child & Infant Review on April 20 from 6 PM-9 PM in Manhattan.
- CPR/AED for the Professional Rescuer Review on April 23 from 9 AM-12 PM in Manhattan.
- First Aid with CPR-Adult on April 28 from 9 AM-3:30 PM in Manhattan

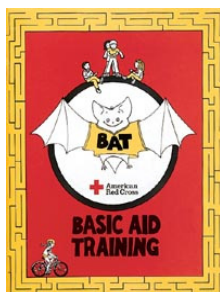
Lifeguarding Challenge Policy Change

Any person choosing to challenge any of the Red Cross Lifeguarding courses must be currently certified or have successfully completed a Red Cross Lifeguarding (full or review course) or another acceptable lifeguarding course within the last four years. This policy only applies to Red Cross Lifeguarding programs. If you have questions about eligibility in a Lifeguarding Challenge please contact the Chapter.

Basic Aid Training

If you're interested in teaching area 5th graders Basic Aid, such as:

- ★ Check-Call-Care – responding to emergencies
 - ★ Rescue Breathing – What to do when someone is not breathing
 - ★ Ways to prevent and respond to choking emergencies
 - ★ Prevention of wounds and first aid for wounds, nosebleeds, fractures, etc.
 - ★ Prevention and emergency measures for fires and burns
- Prevention and first aid for poisoning



Contact Carey Walker at walkercar@usa.redcross.org or 785-354-9239

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Director of Health and Safety –Sharita Davis davissha@usa.redcross.org

Health and Safety Education Specialist-Carey Walker, Jr. walkercar@usa.redcross.org

American Red Cross
<http://www.redcross.org/en>

Kansas Capital Chapter
<http://www.thinkred.org>

American Red Cross Instructors' Corner
<https://www.instructorscorner.org/>